



# Buena Vista Restaurant

at Captain Morgans Retreat

## -- BREAKFAST --

### Continental Breakfast

Toast or English Muffin, fruit plate, coffee and juice.

**\$25.00**

### Belizean Breakfast

Two eggs any style, refried beans, cheese, Belizean home potatoes, with choice of fry jacks or flour tortillas.

**\$18.00**

### Egg McCaptain

Scrambled eggs, ham and cheese on a grilled bun. Served with Belizean home potatoes.

**\$20.00**

### Breakfast Burritos

Scrambled eggs with tomato, onions, sweet peppers and cheese rolled on homemade flour tortillas and burrito sauce.

**\$20.00**

### American Breakfast

Two eggs any style, potatoes, your choice of ham or bacon served with Texas toast.

**\$20.00**

### Pancake Sandwich

Two fluffy pancakes topped with bacon and two eggs your way. Served with vanilla maple syrup.

**\$20.00**

### Huevos Rancheros

Two eggs your style topped with fresh salsa and cheese served on a flour tortilla.

**\$16.00**

### Build Your Own Omelet

Start with your basic two eggs and cheese served with Belizean potatoes. Choose from bacon, ham, sausage, tomatoes, bell peppers, onions, potatoes, zucchini, mushrooms, jalapeños and other items you may specify. (Add \$1.10 per item)

**\$16.00**

### Banana Pancakes

Two large fluffy pancakes topped with sautéed bananas and brown sugar. Served with vanilla maple syrup.

**\$16.00**

### Captain's French Toast

Homemade French toast filled with cream cheese and topped with glazed apples. Served with maple syrup.

**\$22.00**

### Have It Your Way

Toast	<b>\$4.00</b>
White or Whole Wheat	
English Muffin	<b>\$5.00</b>
Fry Jacks	<b>\$4.00</b>
Flour Tortillas	<b>\$4.00</b>
House Potatoes	<b>\$6.00</b>
Bacon Strips	<b>\$6.00</b>
Ham	<b>\$7.00</b>
Refried Beans	<b>\$6.00</b>
Breakfast Links (3)	<b>\$7.00</b>
Two Eggs Any Style	<b>\$6.00</b>

### More Your Way

Fresh Fruit Plate	<b>\$18.00</b>
Grapefruit Half	<b>\$7.00</b>
Oatmeal	<b>\$9.00</b>
sprinkled with cinnamon	
- Add sliced banana	<b>\$2.00</b>
Yogurt	<b>\$7.00</b>



PRICE IN BELIZE DOLLARS. G.S.T TAX INCLUDED.  
GRATUITY NOT INCLUDED.



# Captain's Favorites

Classic Fish and Chips	\$23.00	Chicken Fingers with Fries	\$20.00
BBQ Chicken Wings with Fries	\$20.00	Shrimp Ceviche	\$16.00
Conch Ceviche (seasonal)	\$16.00	Shrimp Cocktail	\$20.25
Chips and Salsa	\$9.00	Plain Nachos	\$14.00
Chicken Nachos	\$20.00		

## Hot Off The Grill

Served with an order of fries or small side salad

Coconut Shrimp	\$23.00
Regular Burger with all Fixings	\$16.00
<b>Additional Item</b>	
Cheddar	\$3.50
- Blue Cheese	\$3.50
Bacon	\$3.50
Mushroom & Swiss	\$3.50
Fish Burger	\$23.00
Grilled Ham and Cheese Sandwich	\$14.00
BLT Sandwich	\$23.00
Club Sandwich	\$23.00

## CARIBBEAN DELIGHTS

Quesadillas	
- Vegetarian	\$20.00
- Grilled Chicken	\$23.00
- Shrimp	\$31.00
Beer Battered Jalapeño	
- Chicken	\$20.00
- Shrimp	\$29.00
Belizean Rice and Beans	\$25.00
A must have, a real favorite! Belizean stewed chicken, served with traditional rice and beans and coleslaw	
Creole Shrimp	\$34.00
Juice fresh shrimp in a Creole sauce served with traditional rice and beans	

## Salads

Garden Salad Regular	\$20.25
- Grilled Chicken	\$23.00
- Shrimp	\$25.00
Caesar Salad	
- Plain	\$16.00
- Grilled Chicken	\$23.00
- Grilled Shrimp	\$34.00
- Grilled Lobster (seasonal)	\$41.00
Tuscan Salad	
Tomato wedges, green peppers, onions, blue cheese, black olives and croutons on top of a bed of mixed greens, tossed with balsamic vinaigrette.	
- Grilled Chicken	\$25.00
- Grilled Shrimp	\$29.00
Lobster Salad (seasonal)	\$46.00
Mixed greens with blue cheese, grilled lobster, tomatoes and onions	



## Captain's Pizza

Cheese Pizza	\$25.88
Cheese & Sausage	\$31.50
Cheese & Pepperoni	\$31.50
Vegetarian	\$31.50
Deluxe	\$38.25

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# -- DINNER --

## Thai Curry Chicken

Curried chicken tenders in light coconut milk sauce served with coconut rice and veggies

**\$33.75**

## Pineapple Chicken

Tender chicken breast fillet grilled to perfection and topped with a tangy pineapple sauce served with your choice of cilantro rice or coconut rice

**\$33.75**

## Shrimp Arrabiatta

Shrimp in a light tomato sauce or a white wine sauce served on a bed of pasta

**\$42.20**

## Land and Sea

Beef tenderloin charbroiled to your specification paired with succulent shrimp, served with veggies and your choice of baked potato and veggies

**\$74.25**

## Bacon Wrapped Beef Tenderloin

Tender beef tenderloin wrapped with bacon and char-broiled to your liking, served with a mushroom sauce, baked potato and veggies

**\$66.00**

## Rosemary Pork Chop

Grilled pork chop (8oz) delicately seasoned with an aromatic rosemary ginger glaze served with creamy mashed potatoes and veggies

**\$45.00**

## Catch of the Day

Grouper or Snapper fillet served with coconut rice and fresh tomato, onion and cilantro salsa. (Method of preparation: Pan Seared, Blackened, Grilled or Broiled)

**\$54.00**

## Mango Tango Snapper

Grilled or Blackened snapper fillet topped with a fresh mango salsa served with coconut rice and veggies

**\$54.00**



## On The Lighter Side

### Classic Fish and Chips

**\$27.84**

Deep fried fish fillet served with fries and coleslaw

### Parmesan Chicken Fingers

**\$24.75**

Parmesan breaded chicken tenders served with fries and coleslaw

### Regular Burger

**\$18.00**

Beef patty served on a burger bun with fries or salad

### Stuffed Jalapeños

**\$12.50**

## Pizza (house famous pizza)

### Cheese Pizza

**\$25.88**

### Pepperoni Pizza

**\$31.50**

### Sausage Pizza

**\$31.50**

### Veggie Pizza

**\$31.50**

### Deluxe Pizza

**\$38.25**

## Salad

### Garden Salad

**\$13.50**

### Caesar Salad

**\$13.50**

## Shrimp

### Coconut Shrimp

**\$20.25**

### Sautéed butter garlic shrimp

**\$20.25**

### Shrimp Cocktail

**\$21.88**

## Ceviche

### - Shrimp

**\$20.25**

### - Conch (seasonal)

**\$20.25**

### - Lobster (seasonal)

**\$22.50**

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# -- DRINKS --

## Beers

Regular Beers	\$7.70
Premium Beers	\$11.25
Lighthouse Lager	\$7.70
Guinness Stout	\$11.25
Heineken Beers	\$11.25
Red Stripe	\$11.25

## Other

Red Bull	\$11.25
Light Coke	\$5.00
Soda	\$3.00
Bottled Water	\$2.25

## Happy Hour

Hrs: 3-5pm - 2 for 1

Panty Ripper	\$11.25
Jolly Rum and Coke	\$11.25
Rum and Tonic	\$11.25
Pirates and Soda	\$11.25
Captain Punch	\$11.25
Grey Hound	\$11.25
Campechana	\$11.25
Stress Captain	\$11.25



**Drink up me hearties...  
Arrg...Arrg...**



## Mixed Drinks

Margarita	\$16.50	Kahlua Colada	\$22.50
Tequila Sunrise	\$15.40	Bailey's Colada	\$22.50
Rum Punch	\$11.25	Blue Margarita	\$22.50
Long Island Iced Tea	\$22.50	Gold Margarita	\$22.50
Bloody Mary	\$15.50	Mud Slide	\$22.50
Vodka Collins	\$15.40	White Russian	\$15.40
Temptation Island Teaser	\$22.00	Black Russian	\$15.40
Belizean Lunar Eclipse	\$23.00	Cosmopolitan	\$19.80
Dirty Banana	\$22.50	Sex On The Pier	\$13.20
Stress Captain	\$19.80	Cape Cod	\$13.20
Yellow Bird	\$19.80	Grey Hound	\$13.20
Bahama Mama	\$19.80	Blue Lagoon	\$13.20
Como's Special Caribbean Cooler	\$22.50	Cocaine (Vodka Paralyzer)	\$7.60
Bubble Gum	\$17.60	Brain Cell	\$13.20
Toasted Almond	\$30.80	B-52	\$15.40
Kamakazi	\$15.10	Blue Kamakazi	\$22.50
Strawberry Daiquiri	\$15.40	Sea Breeze	\$15.40
Piña Colada	\$16.50	Artemio Godfather Special	\$19.80

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