



# Buena Vista Restaurant

at Captain Morgan's Retreat

## -- BREAKFAST --

<b>Continental Breakfast</b> Toast or English Muffins, fruit plate, coffee and juice.	<b>\$25.00</b>
<b>Belizean Breakfast</b> Two eggs any style, refried beans, cheese, Belizean home potatoes, with choice of Fry Jacks or Flour Tortillas.	<b>\$18.00</b>
<b>Egg McCaptain</b> Scrambled eggs, ham and cheese on a grilled bun. Served with Belizean home potatoes.	<b>\$20.00</b>
<b>Breakfast Burritos</b> Scrambled eggs with tomatoes, onions, sweet peppers and cheese rolled on homemade flour tortillas and burrito sauce.	<b>\$20.00</b>
<b>American Breakfast</b> Two eggs any style, potatoes, your choice of ham or bacon served with Texas toast.	<b>\$20.00</b>
<b>Pancake Sundwich</b> Two fluffy pancakes topped with bacon and two eggs your way. Served with vanilla maple syrup.	<b>\$20.00</b>
<b>Huevos Rancheros</b> Two eggs your style topped with fresh salsa and cheese served on a flour tortilla.	<b>\$16.00</b>
<b>Build Your Own Omelet</b> Start with your basic two eggs and cheese served with Belizean potatoes, Cheese Fries, Bacon, Saus, Sausage, Sausages, Bell peppers, onions, potatoes, mushrooms, mushrooms, jalapenos and other items you may specify. (Add \$1.00 per item)	<b>\$16.00</b>
<b>Banana Pancakes</b> Two large fluffy pancakes topped with skinned bananas and brown sugar. Served with vanilla maple syrup.	<b>\$16.00</b>
<b>Captain's French Toast</b> Homemade French toast filled with swiss cheese and topped with sliced apples. Served with maple syrup.	<b>\$22.00</b>

### Have It Your Way

<b>Toast</b> White or Whole Wheat	<b>\$4.00</b>
<b>English Muffins</b>	<b>\$5.00</b>
<b>Fry Jacks</b>	<b>\$4.00</b>
<b>Flour Tortillas</b>	<b>\$4.00</b>
<b>Home Potatoes</b>	<b>\$6.00</b>
<b>Bacon Strips</b>	<b>\$6.00</b>
<b>Ham</b>	<b>\$7.00</b>
<b>Refried Beans</b>	<b>\$6.00</b>
<b>Breakfast Links (3)</b>	<b>\$7.00</b>
<b>Two Eggs Any Style</b>	<b>\$6.00</b>

### More Your Way

<b>Fresh Fruit Plate</b>	<b>\$18.00</b>
<b>Grapefruit Half</b>	<b>\$7.00</b>
<b>Oatmeal</b> served with cinnamon	<b>\$9.00</b>
<b>- Add sliced banana</b>	<b>\$2.00</b>
<b>Yogurt</b>	<b>\$7.00</b>



PRICE IN BELIZE DOLLARS. G.S.T TAX INCLUDED.  
GRATUITY NOT INCLUDED.